

# UPGRADE

**TAKING YOUR LIFE TO THE NEXT LEVEL**

**WEEK 9 (June 26, 2016)**

## INTRODUCTION

Upgrade...your phone, your internet, your computer. We know what that looks like. Upgrade...your life. What does THAT look like? Join us as we dig into questions like, "What's the point of life?" "How can I be truly happy?" "How can I make the most of my time?" In a search for answers we'll look at some of the complexities of life and apply timeless wisdom from one of the wisest men who ever lived.

## DISCUSSION QUESTIONS

1. Complete this sentence: The reason it is so hard to admit when we are wrong (even when we *know* we are wrong) is \_\_\_\_\_.
2. Read Philippians 2:1-4. Do you think Paul is saying here that we should never do anything for ourselves?
3. Read Philippians 2:5-8. What do you think it means that Jesus "emptied himself"?
4. Define the word "humility" based *only* on this passage from Philippians.
5. Where is one area in your life that you might need to follow Jesus' example here and "empty" yourself?

*And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross.*

-Philippians 2:8