

UPGRADE

TAKING YOUR LIFE TO THE NEXT LEVEL

WEEK 12 (July 17, 2016)

INTRODUCTION

Upgrade...your phone, your internet, your computer. We know what that looks like. Upgrade...your life. What does THAT look like? Join us as we dig into questions like, "What's the point of life?" "How can I be truly happy?" "How can I make the most of my time?" In a search for answers we'll look at some of the complexities of life and apply timeless wisdom from one of the wisest men who ever lived.

DISCUSSION QUESTIONS

1. Did your parents ever have a "sex talk" with you when you were a kid? What do you remember about it?
2. What was your main source of information about sex through your teen years?
3. Read Proverbs 11:22. *Note: Solomon wrote this as instruction to his sons, which is why it talks about this topic from a man's point of view.* Agree or disagree: when it comes to romantic interests, our culture tends to value someone's appearance over their character.
4. Read Proverbs 30:20. This is an image of someone communicating that sex outside of God's boundaries has no real consequences. Why do you think it's so easy to believe that sex doesn't really affect any other areas of our lives?
5. How can followers of Jesus affirm God's boundaries for sexuality while not crossing over into being judgmental?

*Love wisdom like a sister;
make insight a beloved member of your family.
-Proverbs 7:4*